Multi-species biofilms: How to avoid unfriendly neighbors

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ABSTRACT

Multi-species biofilm communities are environments in which complex but ill understood exchanges between bacteria occur. Although monospecies cultures are still widely used in the laboratory, new approaches have been undertaken to study interspecies interactions within mixed communities. This review describes our current understanding of competitive relationships involving non-biocidal biosurfactants, enzymes and metabolites produced by bacteria and other microorganisms. These molecules target all steps of biofilm formation, ranging from inhibition of initial adhesion to matrix degradation, jamming of cell-cell communications and induction of biofilm dispersion. This review presents available data on non-biocidal molecules and provides a new perspective on competitive interactions within biofilms that could lead to anti-biofilm strategies of potential biomedical interest.

ONE SENTENCE SUMMARY

This review describes how non-biocidal competitive interactions can profoundly impact on microbial behavior in biofilm environments and discusses the potential biological roles and use of bio-active molecules targeting adhesion and biofilm formation without affecting growth and overall bacterial fitness.

KEYWORDS

Biofilms, adhesion, bacterial competition, mixed biofilms
INTRODUCTION

In most environments, bacteria form multispecies communities and develop heterogeneous structures known as biofilms (Costerton et al., 1987, Hall-Stoodley et al., 2004). In contrast to liquid suspensions, the high cell density and reduced diffusion prevailing within biofilms provide opportunities for intense exchanges ranging from cooperation to harsh competition (James et al., 1995, Moons et al., 2009). Such interactions can lead to physiological and regulatory alterations within biofilm bacteria, and this may eventually contribute to the selection of better adapted mutants. These interactions can influence the emergence and disappearance of species and therefore play an important role in the shaping of multispecies biofilm communities (Dubey & Ben-Yehuda, 2011, Hibbing et al., 2010). Thus far, studies of how bacteria relate to each other within these communities have often focused on antagonisms impairing fitness of bacterial competitors via, for instance, the production of toxins, scavenger molecules and antimicrobials.

However, biofilm formation is a complex process involving multiple adhesion and dispersion events which, from initial surface contact to tri-dimensional maturation, can be shaped by microbial interactions that do not necessarily rely on growth-inhibiting molecules or processes (Fig. 1). Recently, studies on mixed biofilm communities have shed light on a surprising diversity of non-biocidal compounds targeting different stages of biofilm formation (Table 1). Although most of these compounds were first identified in monospecies cultures or studied in ecologically irrelevant experimental mixed-species settings, they could be involved in biofilm population dynamics in vivo. This review describes how non-biocidal molecules affect microbial interactions in biofilm environments and discusses their potential biological role and perspectives as alternative anti-biofilm molecules of industrial and biomedical interest.

A cold welcome: Inhibition of initial adhesion

The first interactions between bacteria and surfaces are crucial and, depending on the nature of the surface, can be driven by different mechanisms. Adhesion to abiotic surfaces, for instance, is often mediated by non-specific events which primarily depend on cell surface charge and hydrophobicity, the presence of extracellular polymers and organic conditioning film (Dunne, 2002). On the other hand, binding to biotic surfaces such as host tissues and mucosa epithelial
cells can be mediated by specific receptors and influenced by host responses to bacterial colonization (Finlay & Falkow, 1989, Kline et al., 2009). While environmental factors influence the initial steps of adhesion, bacterial activity *per se* has also been shown to alter the outcome of surface interactions through either production of anti-adhesion molecules that modify surface physico-chemical properties, or composition of a physical bacterial barrier (surface “blanketing”) preventing surface contact with other competing bacteria.

**Bacterial surface blanketing**

One of the simplest strategies for avoiding initial colonization of competing strains is the rapid occupancy of all available adhesion sites, referred to as “surface blanketing”. This strategy is illustrated in competition experiments between *Pseudomonas aeruginosa* and *Agrobacterium tumefaciens* (An et al., 2006). In a mixed species co-cultivation experimental model, *P. aeruginosa* rapidly spread through the surface via swarming and twitching motility, preventing *A. tumefaciens* adhesion. In contrast, a *P. aeruginosa* flgK motility-deficient mutant unable to spread quickly over a surface was no longer able to exclude *A. tumefaciens*, therefore allowing *A. tumefaciens* to form a mixed surface biofilm with *P. aeruginosa* (An et al., 2006). Although this simple and intuitive strategy is often mentioned as a possible competition mechanism, the actual contribution of surface blanketing in interspecies interactions is currently not known.

**Slippery surface: Biosurfactant production**

Bacteria have long been known to secrete biosurfactants altering surface properties such as wettability and charge (Banat et al., 2010, Neu, 1996). The physiological roles of these surfactants, widespread among bacteria, are often unclear, but they generally weaken bacteria-surface and bacteria-bacteria interactions, therefore reducing the ability of bacteria and possibly other microorganisms to form and colonize biofilms (Jiang et al., 2011, Rendueles et al., 2011, Rivardo et al., 2009, Rodrigues et al., 2006b, Rodrigues et al., 2006c, Valle et al., 2006, Walencka et al., 2008b). For instance, the well-known surfactin, which is required for *B. subtilis* swarming, also inhibits biofilm formation of different strains, including *Escherichia coli*, *Proteus mirabilis* and *Salmonella enterica* (Mireles et al., 2001). Similarly, *Pseudomonas* putisolvins, 12 amino acid lipopeptides linked to a hexanoic lipic chain, are active against other *Pseudomonas* strains (Kuiper et al., 2004). Uropathogenic extraintestinal *E. coli*, on the other hand, were shown
to prevent biofilm formation of a wide range of Gram-positive and Gram-negative bacteria due to the release of group 2 capsule, a high molecular weight polysaccharide encoded by the kps locus (Valle et al., 2006, Whitfield, 2006). Group 2 capsule increases surface hydrophilicity and reduces bacterial adhesion by inhibiting cell-surface and cell-to-cell interactions in the developing biofilm (Fig. 2) (Valle et al., 2006). Recently, a 546-kDa exopolysaccharide (A101) isolated from a marine Vibrio was also shown to inhibit initial adhesion of both Gram-negative and Gram-positive bacteria (Fig. 3A). In addition, the A101 polysaccharide also affected P. aeruginosa cell-to-cell interactions and induced biofilm dispersion of P. aeruginosa, but not of S. aureus (Jiang et al., 2011).

While bacterial adhesion may occasionally occur on bare surfaces, most bacterial adhesion events are likely to take place on surfaces already colonized by other microorganisms. Non-biocidal tension-active molecules produced by adhering bacteria can prevent entry of incoming bacteria into already formed biofilms. For example, a natural E. coli isolate was shown to produce a mannose-rich polysaccharide that impairs S. aureus ability to adhere and colonize mature E. coli biofilm (Rendueles et al., 2011). In the same study, up to 20% of the screened E. coli species produced anti-biofilm compounds, suggesting that, although colonization resistance could involve other mechanisms, widespread production of anti-biofilm polysaccharides could significantly contribute to colonization resistance.

**Sabotaging the new neighbors: Inhibition of biofilm maturation**

After initial adhesion events, bacteria establish tight surface bonds and connections that enable characteristic biofilm 3-dimensional growth and maturation (Fig. 1). This biofilm formation step can be impacted by several non-biocidal bacterial activities.

**Bonding inhibition: downregulating expression of competitor’s adhesins**

Studies of the oral ecosystem have provided valuable insight into several mechanisms leading to competitive inhibition of biofilm maturation at the transcriptional level. For instance, surface arginine deiminase ArcA of Streptococcus cristatus downregulates expression of fimA, which encodes the major subunit of Porphyromonas gingivalis long fimbriae and is required for
irreversible attachment and further biofilm development (Xie et al., 2000, Xie et al., 2007). A similar study reported that an ArcA homolog of *Streptococcus intermedius* also abolished biofilm formation, but not the growth rate of *P. gingivalis*, by downregulating expression of both short (*mfa1*) and long (*fimA*) fimbriae (Christopher et al., 2010). While the exact mechanism behind this downregulation remains unclear, it has been shown that the regulatory role of ArcA is independent of ArcA deiminase activity (Wu & Xie, 2010, Xie et al., 2007) and requires growth-phase-controlled release of ArcA into the extracellular medium by *S. intermedius* (Christopher et al., 2010).

Matrix exopolysaccharides, besides being essential building blocks of most biofilms and protecting bacteria from desiccation, were recently reported to act as signaling molecules that induce gene expression changes in surrounding bacteria. Formation of biofilms by enterohemorrhagic *E. coli* (EHEC) was, for instance, strongly decreased in the presence of exopolysaccharides extracted from the probiotic bacterium *Lactobacillus acidophilus*. While EHEC growth rates and quorum sensing were not affected, transcription of genes for curli (*crl*, *csgA*, and *csgB*) and chemotaxis (*cheY*) was severely downregulated (Kim et al., 2009). This suggested that *L. acidophilus* polysaccharides could interfere with expression of EHEC surface adhesins. The ability of *L. acidophilus* EPS to inhibit other Gram-positive and Gram-negative biofilms was also demonstrated in *Salmonella enteritidis*, *Salmonella typhimurium*, *Yersinia enterocolitica*, *P. aeruginosa*, and *Listeria monocytogenes* (Kim et al., 2009).

*Jamming communication of newcomers*

Another hallmark of biofilm physiology is quorum sensing, a density and dose-dependent communication system that coordinates gene expression at the community level (Bassler & Losick, 2006). While quorum sensing regulates a wide range of functions, controls many virulence traits and plays an important role in bacterial biofilm formation, it is also involved in the development of mixed species populations (An et al., 2006, McNab et al., 2003). Following increasing interest in identification of molecules interfering with bacterial quorum sensing, it was early shown that bacteria themselves can impair, inhibit and quench quorum sensing (Dong et al., 2001, Ji et al., 1997). For instance, the *agr* quorum sensing system involved in *S. aureus* virulence and colonization can be subjected to cross-inhibition by closely related strains (Ji et al., 1997). Bacteria can also produce enzymes degrading some quorum sensing molecules, typically
acylhomoserine lactones (AHLs), such as AHL lactonase, AHL acylases and AHL oxidoreductases (Dong et al., 2002, Dong & Zhang, 2005, Czajkowski & Jafra, 2009). Quorum sensing interferences also directly affect bacterial ability to form biofilm, as in the case of Bacillus cereus production of AiiA, an AHL lactonase which inhibits V. cholerae biofilm formation (Augustine et al., 2010), or bacterial extracts containing phenolic groups and aliphatic amines inhibiting biofilm formation by interfering with P. aeruginosa PAO1 quorum sensing (Musthafa et al., 2011, Nithya et al., 2010b).

The oral environment provides other examples of enzymes degrading bacterial communication signals. Two recent studies showed that the outcome of colonization by Streptococcus mutans, the primary etiologic agent of human dental caries, relies on successful interactions with other early dental colonizers such as, for instance, Streptococcus gordonii. However, S. gordonii secretes the serine protease challisin, which inactivates the Streptococcus mutans competence-stimulating peptide (CSP), a quorum sensing signaling molecule essential for biofilm formation, colonization and subsequent plaque development (Senadheera & Cvitkovitch, 2008). In contrast, Actinomyces naelundii, another early colonizer of teeth, has weak overall protease activity which does not impair S. mutans in colonizing the shared niche, therefore indicating a role of challisin in preventing colonization by other Streptococcus spp. (Wang et al., 2011).

**Targeting the biofilm scaffold: matrix inhibition**

As we have seen above, the biofilm matrix plays a key structural, defensive and sometimes regulatory role (Sutherland, 2001). It maintains bacterial cohesion, acts as a protective barrier and nutrient sink and enables biofilm maturation (Flemming et al., 2007, Flemming & Wingender, 2010b). The biofilm matrix is therefore an ideal target for compromising the ability of other bacteria to establish and form biofilms (Jabbouri & Sadovskaya, 2010, Otto, 2008, Schillaci, 2011).

**Degradation of polysaccharide components of the matrix**

Major components of the matrix are polysaccharides (Flemming & Wingender, 2010a), whose degradation could potentially prevent biofilm formation in mixed species context. Several enzymes degrading matrix polysaccharides have been identified. For instance, Actinobacillus
actinomycetemcomitans, a predominant oral bacterium, produces dispersin B that degrades poly-N-acetylglucosamine (PNAG), a major polysaccharide component of many bacterial extracellular matrices (Kaplan et al., 2003). This β-hexosaminidase, belonging to the glycosyl hydrolase family, is a matrix-degrading enzyme encoded by the *dspB* locus which, can effectively interfere with and disperse pre-existing biofilms of *S. epidermidis* by degrading its polysaccharide intercellular adhesin, PIA, as well as biofilms of other Gram-positive and Gram-negative bacteria (Kaplan et al., 2004). Matrix-degrading enzymes have also been described for other bacteria, although their role in potential intra-biofilm competition is less clearly established, as opposed to self-destruction and biofilm dispersion (see chapter 3 below). For example, *Pseudomonas aeruginosa* alginate lyase degrades alginate and *Methanosarcina mazei* disaggregatase reduces matrix polymers into trisaccharide units (Boyd & Chakrabarty, 1994, Xun et al., 1990).

Nevertheless, we cannot exclude that the primary role of such molecules is to control biofilm formation of producer themselves rather than antagonizing other species (see also section Avoiding neighbors: biofilm self-inhibition).

A recent study has shown that *S. salivarius*, a commensal bacterium colonizing the oral, tongue and throat epithelia, produces a fructosyltransferase (FTF) and an exo-beta-D-fructosidase (FruA) inhibiting matrix formation and hindering further biofilm development of other oral bacteria, including *Streptococcus mutans*. The inhibitory activity of FruA depends on sucrose concentration, since FruA is more active with increasing sucrose concentrations in *in vitro* (microtiter plates coated with hydroxyapatite and saliva) and *in vivo* models of *S. salivarius/S. mutans* mixed biofilm mimicking oral and teeth conditions (Ogawa et al., 2011b).

**Degradation of nucleic acid component of the matrix**

Nucleases such as DNase and RNase were shown to affect integrity of biofilms by degrading nucleic acid scaffold components of the extracellular matrix (Whitchurch et al., 2002). Some bacteria release DNase into the medium and can inhibit biofilm formation of other DNA-dependent biofilm-forming strains. For example, the marine bacterium *Bacillus licheniformis* produces a broad-spectrum DNase encoded by the *nucB* gene and is able to rapidly disperse (in 2 minutes) competing Gram-negative and Gram-positive biofilms and prevent *de novo* biofilm formation (Nijland et al., 2010). Another recent study showed similar effects of the *S. aureus* nuclease *nuc1* upon the ability to form biofilms of several bacteria, including *P. aeruginosa,*
Actinobacillus pleuropneumoniae and Haemophilus parasuis (Tang et al., 2011). In addition, there is much evidence that nucleases play a central role in shaping staphylococcal biofilm formation and architecture (Mann et al., 2009, Fredheim et al., 2009).

Degradation of protein components of the matrix

Non-biocidal anti-biofilm molecules can also target matrix-associated proteins. Proteins can either be thoroughly degraded or cut loose from bacterial cell walls by proteases. Staphylococcus epidermidis, a commensal bacterium from skin and nose epithelia, inhibits Staphylococcus aureus biofilm formation through production of a serine protease, Esp, which degrades the S. aureus matrix without affecting its growth rate (Iwase et al., 2010) (Fig. 3B). Epidemiological studies showed that volunteer nasal cavities carrying Esp-secreting S. epidermidis were not colonized by S. aureus. Moreover, co-cultures of S. aureus with Esp for more than a year did not alter Esp efficiency of biofilm inhibition, indicating that no tolerance or resistance mechanisms arose over time. Interestingly, Esp also stimulates in vivo human beta defensin-2 (hBD2), which itself displays low bactericidal activity towards S. aureus. Hence, Esp production by S. epidermidis controls S. aureus biofilm formation in in vitro and in vivo contexts through different mechanisms; matrix degradation, inhibition of initial adhesion and immune system stimulation (Iwase et al., 2010).

Forcing neighbors out: biofilm dispersion

Dispersion is the final step in the life cycle of a biofilm and is considered a regulated process involving cell death, matrix-degrading enzymes, induction of cellular motility and potentially other environmentally triggered mechanisms (Boles et al., 2005, Karatan & Watnick, 2009). Although some of the molecules involved in dispersion have a broad spectrum of activity against biofilms formed by other bacteria, dispersion has mostly been studied in monospecies cultures and very few data are available on dispersion as a means of competing with other biofilm-forming bacteria in a mixed biofilm context.
The plant pathogen *Xanthomonas campestris* forms mannan-rich biofilms that clump plant vessels. *X. campestris* dissolves its own biofilms via production of a mannan-degrading enzyme, an endo-β-1,4-mannosidase regulated by *cis*-unsaturated fatty acid diffusible signal factors, or DSFs (Ryan & Dow, 2011, Wang et al., 2004). Two enzymes have been implicated in synthesis of DSF, RpfB and RpfF, and a two-component regulatory system, RpfC-RpfG, that senses and transduces signals into the cells (Slater et al., 2000). However, *X. campestris* DSF effects on other bacterial biofilms remain unknown. Following the description of *X. campestris* DSF, several other small fatty acids produced by other bacteria were characterized based on homology with the RpfF-RpfC genes of *X. campestris* implicated in cell-to-cell communication and anti-biofilm activity through a signaling cascade involving histidine kinases (RpfC) (Ryan & Dow, 2011). For instance, *cis*-2-decenoic acid produced by *P. aeruginosa* disperses *K. pneumoniae, E. coli, B. subtilis, S. aureus* and even *Candida* biofilms, as shown by competition experiments (Davies & Marques, 2009) (Fig. 3C). However, not all DSFs share the same mechanism of action or lead to similar phenotypes. For instance, DSF from *Stenotrophomonas maltophilia* does not disperse *P. aeruginosa* biofilms, but rather alters its biofilm architecture and induces formation of filamentous structures (Ryan & Dow, 2011, Ryan et al., 2008). In addition, N-butanoyl-homoserine lactone from *Serratia marcescens* mediates its biofilm dispersion (Rice et al., 2005), and *P. aeruginosa* rhamnolipids encoded by the *rhlAB* operon are involved in biofilm structure and dispersion (Boles et al., 2005). Here again, however, there is still no evidence that these signals interfere with other biofilm-forming bacteria.

Another well-studied dispersion signal is nitric oxide (NO) produced by bacteria growing in the deep layers of biofilms under anaerobic conditions. Following microarray results that indicated that NO significantly downregulated adhesin synthesis in *P. aeruginosa* (Firoved et al., 2004), it was shown that low (nanomolar) concentrations of NO control the ratio of biofilm versus planktonic cells and induce dispersion of various mono- and multispecies biofilms (Barraud et al., 2009). Also in *P. aeruginosa*, NO induces swimming and swarming motility functions, leading to *P. aeruginosa* biofilm dispersion (Barraud et al., 2006). In the presence of low concentrations of NO, the levels of intracellular c-di-GMP, a ubiquitous bacterial second messenger generally promoting biofilm formation (Hengge, 2009), was severely reduced due to upregulation of a phosphodiesterase, which degrades c-di-GMP (Barraud et al., 2009).
D-amino acids produced by many bacteria at late stages of growth (Lam et al., 2009) including stationary phase and biofilms, were recently shown to disperse bacterial biofilms (Kolodkin-Gal et al., 2010, Xu & Liu, 2011). In the specific case of B. subtilis, racemases encoded by racX and ylmE produce D-amino acids such as D-tyrosine, D-leucine, D-tryptophan and D-methionine which substitute for L-isoforms in the cell wall and inhibit TasA amyloid fiber anchorage (Kolodkin-Gal et al., 2010, Romero et al., 2011). Since tethering of TasA to the bacterial cell surface is an essential step in matrix-dependent biofilm maturation by B. subtilis, D-amino acid accumulation disrupts the B. subtilis biofilm. Although this is proposed to be a process by which bacteria can self-disperse their own biofilms, the fact that exogenous addition of D-amino acids also disassembles S. aureus and P. aeruginosa biofilms (Kolodkin-Gal et al., 2010) suggests that D-amino acid production may also interfere with neighbors in the maturation of mixed biofilms. Different mechanisms of action for D-amino acids have been reported; for instance, D-amino acids inhibit accumulation of proteins in the S. aureus matrix and development of microcolonies (Hochbaum et al., 2011), whilst D-tyrosine significantly reduces synthesis of auto-inducer 2 and extracellular polysaccharides (Xu & Liu, 2011).

Cross-kingdom anti-biofilm behaviors

Evidence for non-biocidal activities leading to limitation of biofilm development also exists across kingdoms (Lowery et al., 2008). The best studied of these mild-mannered antagonistic interactions generally are fungi and bacteria (Hogan & Kolter, 2002, Hughes & Sperandio, 2008). For instance, in the case of Candida albicans and P. aeruginosa, two microorganisms that co-colonize the lungs of patients with cystic fibrosis or severe burn wounds, P. aeruginosa was shown to impair biofilm development and maturation of C. albicans. A transcriptome analysis of Candida genes in the presence of a Pseudomonas supernatant revealed downregulation of adhesion and biofilm formation genes and upregulation of YWP1, a protein known to inhibit biofilm formation (Holcombe et al., 2010). Another group reported that P. aeruginosa can antagonize biofilm formed by other Candida species (Bandara et al., 2010). Reciprocally, farnesol, produced by many fungi including C. albicans, has been shown to inhibit quinolone synthesis of P. aeruginosa and subsequently to downregulate quinolone-controlled
genes such as those specifying pyocyanin, which is involved in *P. aeruginosa* virulence (Cugini *et al.*, 2007).

Fungi produce a wide range of secondary metabolites potentially involved in microbial interactions (Mathivanan *et al.*, 2008). Besides well-known antibiotics, fungi such as Ascomycotina produce zaragozic acids, which are competitive inhibitors of squalene synthase (Bergstrom *et al.*, 1993) and inhibit the formation of microdomains in bacterial membranes known as lipid rafts (Lopez & Kolter, 2010). Zaragozic acids have been recently shown to inhibit *B. subtilis* and *S. aureus* biofilms without affecting bacterial viability via inhibition of membrane lipid raft formation, where signaling and transport proteins involved in biofilm formation are clustured (Lopez & Kolter, 2010).

Another well-described cross-kingdom interaction is the use of molecular mimickry by *Delisea pulchra*, an Australian red alga. *D. pulchra* produces halogenated furanones (Givskov *et al.*, 1996), which are similar to AHLs and inhibit quorum sensing of Gram-negative bacteria by reducing the AHL receptor half-life, thus altering AHL-dependent gene expression (Manefield *et al.*, 2002). Similarly, *Flustra foliacea*, a moss animal, produces an alkaloid reported to be an AHL antagonist (Peters *et al.*, 2003).

Many studies explored potential cross-talk between bacteria and their hosts (Hughes & Sperandio, 2008). The host innate response indeed possesses an arsenal of molecules against microbial pathogens, including anti-biofilm compounds that efficiently reduce microbial surface colonization (Ardehali *et al.*, 2003, Ardehali *et al.*, 2002, Hell *et al.*, 2009, Zinger-Yosovich *et al.*, 2010). For instance, PLUNC (palate, lung, nasal epithelium clone) is a protein secreted by epithelia in conducting airways as well as in several fluids including saliva, nasal and tracheal fluids. This protein displays marked hydrophobicity and significantly reduces surface tension. At physiological concentrations, PLUNC inhibits *P. aeruginosa* biofilms in an *in vitro* model (Gakhar *et al.*, 2010). Similarly, numerous studies have described the anti-adhesion role of bloodstream serum and albumin. Serum inhibits biofilm formation and enhances dispersion of *P. aeruginosa* by inducing twitching motility. These effects were demonstrated both *in vitro* and on *in situ* catheters and it was suggested that the inhibitory activity is multifactorial rather than relying on a single serum component (Hammond *et al.*, 2008). In addition, human albumin also inhibits strong biofilm-forming *E. coli*, both in direct incubation or as pretreatment on a plastic
surface. However, in the latter case, albumin-dependent iron chelation, and therefore growth limitation, may also be involved (Naves et al., 2010). Other strategies, which involve iron as a regulatory element of bacterial lifestyle, can affect initiation of biofilm formation without affecting bacterial growth. For instance, lactoferrin is a protein naturally produced by humans which, at physiological concentrations, does not affect bacterial viability but reduces *P. aeruginosa* biofilms by chelating environmental iron (Singh et al., 2002). Furthermore, lactoferrin was shown to induce twitching motility in *P. aeruginosa* and therefore to favor movement rather than sessile life within a biofilm (Singh, 2004). Motility induced by iron deficiency has been recently shown to be regulated by quorum-sensing (Patriquin et al., 2008).

More recently, it was reported that human non-specific secretory immunoglobulin A (SIgA) was able to inhibit biofilm formation of *Vibrio cholerae* without affecting the viability of the bacteria. *In vivo* studies have shown that IgA-/- mice are heavily colonized by *V. cholerae* compared to the wild type. Further experiments showed that the biofilm-inhibitory active element of SIgA is the mannose-rich secretory domain of SIgA. Consistently, mannose could also inhibit *V. cholerae* biofilm formation in a dose-dependent manner (Murthy et al., 2011).

**Biofilm-specific anti-adhesion molecules?**

Biofilms constitute an original lifestyle in which it has been estimated that up to 10% of the bacterial genome could be differentially regulated, compared to planktonic conditions (Beloin et al., 2004, Lazazzera, 2005, Schembri et al., 2003, Whiteley et al., 2001). A few studies provide evidence that these changes in gene expression lead to production of biofilm-specific metabolites and polymers (Beloin et al., 2004, Colvin et al., 2011, Matz et al., 2008, Valle et al., 2008). Some of these biofilm-associated molecules display antagonist activities against other microorganisms in mixed species contexts. For example, accumulation of amino acid valine in biofilm formed by many Gram-negative bacteria inhibits the growth of several valine-sensitive *E. coli* natural isolates (Valle et al., 2008). Similarly, *Bacillus licheniformis* produces antimicrobial compounds against other *Bacillus* species when cultured as a biofilm, whereas biocidal activity is significantly reduced when grown in shaken cultures (Yan et al., 2003).
While non-biocidal anti-biofilm molecules are not *stricto sensu* biofilm-specific, since traces can still be detected in planktonic conditions, such molecules appear to be strongly produced within a biofilm (Fig. 4A). For instance, genes involved in the synthesis and regulation of the Ec300p anti-biofilm polysaccharide (e.g. *rfaH*) produced by a natural *E. coli* isolate (*E. coli Ec300*) are upregulated in late stationary phase and biofilms (Fig. 4B). Altogether, this leads to increased production of Ec300p within biofilms (Rendueles et al., 2011). A linear polysaccharide (PAM galactan) is copiously produced within biofilms formed by the oral bacterium *Kingella kingae*, whereas yields obtained from batch cultures are significantly lower (Bendaoud *et al.*, 2011). While further studies of genes whose expression is cryptic under planktonic conditions may still uncover the existence of true biofilm-specific molecules (Ghigo, 2003, Korea *et al.*, 2010), high cell densities within biofilms have already revealed molecules which are poorly produced or not detected in batch cultures and which affect population dynamics in mixed bacterial communities (Bendaoud *et al.*, 2011, Rendueles et al., 2011).

**Avoiding neighbors: biofilm self-inhibition**

Many non-biocidal anti-adhesion molecules described in this review were first identified in monospecies biofilms, and their effects on biofilms formed by other bacteria were often studied only using purified compounds. The ecological role of these molecules has not always been analyzed in mixed biofilms and their status of anti-adhesion weapons interfering with competing neighbors may have been oversold. Indeed, considering that the ultimate strategy for bacteria to avoid interacting with other bacteria could be to inhibit their own ability to adhere to surfaces or to other bacteria in mixed biofilms, biofilm-inhibitory molecules may well serve other purposes. They may be involved in adhesion self-control so as to avoid the cost associated with building a biofilm. Alternatively, avoiding the formation of biofilm may reduce the fitness cost of sheltering spontaneous non-adhering scroungers that invade biofilms and benefit from the community goods without contributing to biofilm formation. Furthermore, far from being involved in intrabiofilm warfare, the net outcome of anti-adhesion or dispersion molecules could be an increase in self-dispersion, enabling colonization of other niches or rescue of bacteria trapped in the nutrient- and oxygen-deprived matrix. The synthesis and release of the broad
spectrum anti-biofilm group 2 capsule by most extra-intestinal E. coli is an example in which a non-biocidal anti-biofilm molecule also has an effect upon the producing strain (Valle et al., 2006). While kps mutants of uropathogenic E. coli, which are unable to synthesize the group 2 capsule, acquire the ability to form thick mature biofilms, wild type strains are poor biofilm formers and it is tempting to speculate that their resulting weak ability to mingle with an intestinal biofilm may be correlated with their frequent occurrence in the urogenital tract (Valle et al., 2006).

This therefore raises the question of whether true interference molecules exist. One study reports that non-biocidal interference molecules are inactive toward the producing strain such as E. coli Ec300, which is immune to its anti-adhesion polysaccharide, but active against Gram-positive bacteria (Rendueles et al., 2011). Future studies of mixed populations rather than monocultures should contribute to elucidating the ecological role of anti-biofilm molecules.

Lessons to be learned from bad-neighborliness

Although biofilms are ubiquitous and often beneficial, they are also harmful as industrial biofouling agents and as resilient infectious foyers of chronic infections in patients on medical devices (Costerton et al., 1999, Donlan & Costerton, 2002, Parsek & Singh, 2003). This has led many studies to focus on identifying potential treatment of detrimental biofilms both in industrial and medical settings, notably related to catheter-associated biofilms (Francolini & Donelli, 2010, Donlan, 2011). In addition to new biocides and antimicrobial compounds, several alternative anti-biofilm strategies have recently emerged. These approaches range from hydrophilic and nanoparticle coatings to more aggressive strategies such as bacteriophages and biofilm predation agents for grazing on problematic biofilm-forming, for instance, in drinking water facilities (Allaker, 2010, Donlan, 2009, Sockett, 2009).

Microbial interference compounds described in this review interfere with several aspects of adhesion and biofilm formation (Fig. 1), and might also be used for non-biocidal biofilm control strategies (Fig. 5). Much effort has gone into chemical synthesis and screens for molecule-mimicking natural compounds. For instance, bicyclic 2-pyridone derivatives (or pilicides) have been identified in screening for inhibitors of assembly of type 1 pili (Pinkner et
They act as competitive inhibitors of chaperone-subunit association, an essential step in pili translocation to the bacterial surface. Similar molecules targeting other adhesion factors, such as curlicides, have also been reported to severely impair curli-dependent biofilm formation and pathogenesis (Aberg & Almqvist, 2007, Cegelski et al., 2009, Pinkner et al., 2006). Attenuation of virulence by acylated hydrazones of salicylaldehydes via inhibition of type III secretion in different strains of Yersinia, Pseudomonas, E. coli and Chlamydiae has also been demonstrated (Aberg & Almqvist, 2007). Competitive inhibition for specific bacterial adhesion is a related strategy aimed at inhibiting fimbrial lectins using specific saccharidic ligands competing with cell-surface-exposed bona fide fimbriae ligands (Korea et al., 2011). For instance, mannose-derived residues show high affinity for FimH and can subsequently inhibit adhesion (Grabosch et al., 2011, Klein et al., 2010). Other strategies pursue inhibition of synthases of second messengers involved in the biofilm formation process, such as diguanylate cyclases responsible for c-di-GMP formation (Antoniani et al., 2010) or quorum sensing signals of multiresistant pathogens such as S. aureus, where the agr system is targeted by RNAIII-inhibiting peptides and their non-peptide analog hamamelitannin (Kiran et al., 2008); see (Bjarnsholt et al., 2011) for review of other anti-quorum sensing molecules.

Since initial adhesion is often seen as the first step in microbial pathogenesis (Finlay & Falkow, 1989), there is a strong interest in interference molecules hindering pathogen adhesion to mucosa or to indwelling medical devices as an alternative strategy to antibiotics (Reid et al., 2001b). In this context, biosurfactants such as glycolipids and lipoproteins could play an important role in counteracting pathogen activity, as they exhibit low toxicity and high biodegradability effectiveness at different temperatures and pH (Falagas & Makris, 2009, Rodrigues et al., 2006a, Zeraik & Nitschke, 2010).

Alternatively, instead of using purified anti-adhesion compounds, whole (probiotic) commensals could be used for protecting a mammalian host via non-biocidal competition with pathogens (Kleerebezem & Vaughan, 2009, Quigley, 2010, Reid et al., 2001a). Interactions between the commensal flora and incoming pathogens may have a positive effect on host health, as commensals act as physical barriers involved in resistance colonization and prevention of pathogen establishment. It has been shown that mice pre-colonized with several probiotic E. coli, including E. coli Nissle, are able to clear and avoid colonization of pathogenic E.coli O157:H7.
Moreover, this barrier effect is not microbe-specific, as hosts precolonized with commensal *E. coli* strains can also lead to clearance of pathogenic *E. coli* (Leatham et al., 2009). Co-incubation of *Salmonella enterica* with aggregating and surface-blanketing *Lactobacillus kefir* strains significantly decreased *Salmonella*’s capacity to adhere to and invade Caco-2/TC-7 cells (Golowczyc et al., 2007). In addition, *L. kefir* releases an unidentified compound that regulates virulence of *Salmonella*, as it significantly reduces induced microvillus disorganization (Golowczyc et al., 2007). Commensal bacteria of the gut can also inhibit pathogen adhesion through induction of non-biocidal host factors such as mucin production, which reduces the availability and accessibility of adhesion sites (Mack & Sherman, 1991). Co-incubation of lactobacilli with intestinal epithelial cells resulted in upregulation of MUC3 mucin production and correlated with reduced adhesion of enteropathogenic *E. coli* (Mack et al., 2003).

Despite promises of non-biocidal anti-biofilm approaches (Fig. 5) no anti-biofilm products are on the market yet. Although this might be attributed to high cost, low specificity and lack of financial interest on the part of pharmaceutical companies (Romero & Kolter, 2011), we should also consider potential drawbacks of certain anti-biofilm approaches. Indeed, mixed communities often correspond to complex equilibria, the alteration of which could lead to drastic changes in population structure and composition, potentially leading to the emergence of opportunistic microbes or pathogens previously kept under control. Similarly, while the idea of dispersing mature biofilms formed by or hosting pathogens seems extremely tempting, massive bacterial release upon dispersion can have very serious drawbacks, including systemic infection and massive inflammatory responses, though these remain difficult to predict. Nevertheless, results from double-blind placebo-controlled studies are encouraging (Choi et al., 2011, Davidson et al., 2011, Grandy et al., 2010, Larsson et al., 2008, Berggren et al., 2011). However, although attractive, these strategies will need to be carefully tested to determine their validity and health benefits.

**CONCLUDING REMARKS**

In nature, bacteria interact with and influence each other in complex webs of multicellular behaviors. Studies of these interactions have shed light on the resources used by bacteria to thrive in mixed biofilm communities and have inspired us to design alternatives to antibiotics in the war against pathogenic microbes (Rasko & Sperandio, 2010). Targeting surface colonization rather
than overall bacterial fitness is emerging as a promising approach, since non-biocidal modification of pathogenic behavior causes milder evolutionary selective pressure and may therefore lead to the emergence of fewer resistant mutants and fewer toxicity issues. The effectiveness of anti-biofilm approaches will be put to test in the coming years. Meanwhile, the hunt for anti-biofilm molecules used alone or in combination with antibiotics and vaccines is under active investigation (Davidson et al., 2011, Larsson et al., 2008, Goldman et al., 2006, Rowland et al., 2010, Sanz et al., 2007). It is clear, however, that no single molecule is likely to efficiently control biofilm formation in all types of contexts, underlining the need for a deeper understanding of antagonistic interactions in mixed bacterial populations.

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REFERENCES


# TABLES

Table 1. Biofilm-inhibiting molecules produced by other bacteria. Different colors indicate successive stages of the biofilm life cycle.

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<th>Susceptible strain</th>
<th>Produced by</th>
<th>Molecule</th>
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<th>Mechanism of action</th>
<th>Molecular basis</th>
<th>Reference</th>
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<td><em>Escherichia coli</em> UPEC</td>
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FIGURES LEGENDS

Figure 1. Anti-biofilm molecules act at several stages of the biofilm formation process. Biofilm formation is often described as a multistep process in which bacteria adhere to an abiotic or biotic surface, through surface charges and production of pili, fimbriae and exopolysaccharides. After initial attachment, three-dimensional development starts with the building of microcolonies, in which different species already interact. The next step, biofilm maturation, is dependent on matrix production, which ensures cohesion and the 3-dimensional structure of mature biofilms (Flemming & Wingender, 2010a). Scanning electron microscopy images representative of each steps are shown. The final step in biofilm formation is cellular detachment or dispersion, by which bacteria regain the planktonic lifestyle to colonize other surfaces. Microbial interferences can inhibit biofilm formation or enhance biofilm dispersion through different mechanisms and strategies at different stages of their development.

Figure 2. Group 2 capsule alters cell-to-surface and cell-to-cell interactions. A. Schematic representation of inhibitory cell-to-surface interactions. B. Biofilm formation of *E. coli* MG1655 F’ using untreated glass slides (control), glass slides treated with CFT073 supernatant (group 2 capsule) and glass slides treated with CFT073 ΔkpsD supernatant devoid of group 2 capsule. C. Schematic representation of inhibitory cell-to-cell interactions. *E. coli* possesses several extracellular structures which enable bacteria to interact among themselves, such as autotransporters (antigen 43), conjugative pili, curli and polysaccharides such as cellulose. Expression of these factors generally leads to aggregation and clumping. D. Autoaggregation assay with MG1655ΔoxyR (Ag43 autotransporter adhesin overexpression); cells were diluted to OD_{600nm} = 2 in 3 ml of M63B1 medium (triangles), treated either with CFT073 supernatant (circles) or ΔkpsD supernatant (squares). Adapted from (Valle et al., 2006). E. GFP-tagged MG1655 F inoculated in a flow cell and monitored by confocal microscopy. CFT073 or inactive supernatants were supplemented after 3 h of culture, and biofilms were grown for 12 h.
Figure 3. Treatment of anti-biofilm molecules in *P. aeruginosa* and *S. aureus* biofilms. A. Flow cell images of *P. aeruginosa* FRD1 and *S. aureus* RN6390 without (control) and with 100 mg/ml A101 polysaccharide. *P. aeruginosa* was cultured at 25°C for 2 days and *S. aureus* was grown at 37°C for 24 h. B. Scanning electron micrographs of *S. aureus* untreated (control) and treated with Esp. Scale bars represent 10 µm. C. Ten µM of *cis*-2-decenoic acid (*cis*-DA) were added to mature biofilms grown in continuous culture in a microscope-mounted flow cell. Pictures were taken at different time points. Adapted from (Davies & Marques, 2009, Iwase et al., 2010, Jiang et al., 2011).

Figure 4. Anti-adhesion polysaccharide produced by *E. coli* Ec300 is produced in higher quantities within biofilms. A. *S. aureus* biofilm inhibition upon addition of planktonic or biofilm supernatant from *E. coli* Ec300. M63B1, control in which only M63B1 minimal medium was added. B. Beta-galactosidase activity measurements of a *lacZ* transcriptional fusion in *rfaH*, the transcriptional regulator gene of *E. coli* Ec300 controlling anti-adhesion polysaccharide, in exponential phase, late stationary phase (24 h) and biofilm (72 h). Adapted from (Rendueles et al., 2011) and unpublished data.

Figure 5. Summary of non-biocidal anti-biofilm molecules described in this review and their mode of action.
Figure 1 Rendueles and Ghigo
Figure 2 Rendueles and Ghigo
Figure 3 Rendueles and Ghigo
Figure 4 Rendueles and Ghigo
Figure 5 Rendueles and Ghigo